

ST. ANNE'S CATHOLIC HIGH SCHOOL FOR GIRLS

Act justly, love tenderly, walk humbly with your God



November 2025

Dear Parents and Carers

Re: Anti-Bullying Week 2025 (Monday 10 – Friday 14 November) and Odd Socks Day (Monday 10 November)

We are delighted to let you know that St. Anne's will be taking part in Anti-Bullying Week 2025, running from **Monday 10 November to Friday 14 November**. This national campaign brings schools together to promote respect, kindness, and inclusion, and to reaffirm our shared commitment to creating a safe, supportive environment for every student.

The theme for this year is "Power for Good." It encourages everyone to recognise the positive influence they can have through their words and actions, and to use that power to stand up against bullying, support others, and make a difference in their school community.

To commence the week, we will be celebrating Odd Socks Day on Monday 10 November. Students and staff are invited to wear odd socks to school as a fun way to celebrate individuality and diversity. There's no need to buy anything new as it's simply about joining in, showing support, and embracing what makes us all unique.

Throughout the week, students will take part in a range of lesson-time activities and discussions exploring how they can use their "Power for Good" to promote kindness, challenge unkind behaviour, and contribute to a positive, inclusive school culture. These sessions form part of our wider LifeLong Learning programme, which helps students to develop confidence, compassion, and character through real-life themes such as healthy relationships, respect, and emotional wellbeing.

Each day of the week will have a special focus:

- **Monday:** *Spread kindness* – start the week by showing small acts of kindness to those around you.
- **Tuesday:** *Reflect on being a good friend* – think about what makes a true friend and how you can be one.
- **Wednesday:** *Help others feel accepted* – include someone new, offer encouragement, and make everyone feel welcome.
- **Thursday:** *Support your classmates* – stand up for others and show that we are stronger together.
- **Friday:** *Be a positive role model* – reflect on how your actions and words can inspire others to do good.

Thank you for your continued support.

Mr D Delaney
Assistant Headteacher

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