

St. Anne's Catholic High School for Girls

Careers Newsletter

February 2023



Dear Parents, Carers and Students,

Welcome to the February edition of the St. Anne's Newsletter Careers Newsletter, the focus of which is on Apprenticeships. I have included links to apprenticeship opportunities, further guidance and parent packs.

In recent years, the government has reformed the way apprenticeships are delivered and funded in England. As part of these reforms, apprenticeships are more robust, better structured, and independently assessed to ensure apprentices gain the skills that employers need for their workforce. There is a wide range of apprenticeships now available, including higher and degree level apprenticeships. Not only can they support with addressing skills shortages, but they are an excellent means of attracting new talent.

Key Stage 3 and Key Stage 4 students will have an Apprenticeship information and guidance session delivered to them by their form tutors during National Apprenticeship week, this will take place during registration. Also in this edition, you will find: careers activities from different subject departments, interviews with staff and students, along with current extra-curricular careers opportunities.

Until next time, I do hope you enjoy this issue and please get in touch if there is anything you would like included for the next issue in March.

All the best,

Mrs Lee Careers Lead

Lee.

Email: leej@st-annes.enfield.sch.uk

Apprenticeships

NATIONAL APPRENTICESHIP WEEK 6TH – 12TH FEBRUARY 2023

Apprenticeship Facts

Apprenticeships are a safe and secure alternative route to university. They offer a wage, holiday pay, benefits, cover study fees and offer practical experience alongside the theory of study.

With over 600 different apprenticeships covering everything from accountancy to zoo-keeping, there is an apprenticeship out there for everyone.

Apprentices spend the majority of their time 'onthe-job' (doing their role), and a minimum of at least 6 hours per week 'off-the-job', which means studying or working towards their qualification.

100% of the time is paid, 100% of the fees covered and employers will range from blue chip companies to SMEs and independents.

Apprenticeship information / guidance

Apprenticeship Entry Requirements

5 graduate careers you can get into via an apprenticeship

University V Apprenticeship



DON'T MISS THE CHANCE TO SPEAK WITH TOP EMPLOYERS!

Click here for details and to book your ticket

Apprenticeships



NEW! Insight Webinars for students, parents and career leaders!

Join us at our insight webinars with leading companies where you'll hear from their employees and apprentices about starting your professional career. We'll be hosting webinars with **bp**, **CBRE**, **National Audit Office**, **Rolls-Royce**, **Google**, **EDF Energy** and **Jaguar Land Rover**. Find out more and sign up through the links below.

Click here for information and to sign up

5 reasons you should kickstart your career with an apprenticeship

A Parents' Guide to Apprenticeships



Virgin Media 02 Apprenticeships - Newsletter

Click here to download and view the PDF



Parent Zone

As a parent / carer, you want to guide and advise your child towards the best opportunities. So, where do you start?

There are many options available to school leavers: Sixth Form, apprenticeships, T Level courses, confidence boosting traineeships, full-time university, a gap year or even volunteering!

Being open-minded about the opportunities, and equipping yourself with knowledge is the best way to build your confidence and ultimately support your child to make the best decision for them. Through Parent Zone, we aim to help you to explore those options.

Whether or not you already know a little bit about apprenticeships, here are our top resources to arm you with all the apprenticeship knowledge you'll need to inform and guide your child:

amazingapprenticeships.com/parent-zone

Virtual Work Experience

Current Virtual Work Experience Opportunities to apply for...



Meet industry experts, complete mini-activities, and get noticed by employers.

100,000+ young people have enrolled on our virtual work experience programmes so far. Will you be next?

- Live discussions with employers
- Meet and interact with industry professionals during our engaging live sessions.
- Take off with new skills & industry insights
- Develop crucial workplace skills and discover unique insights about your industry of choice.
- Experience real workplace activities
- Complete mini-activities and projects developed in partnership with industry experts to get a feel for the world of work.
- Build your profile
- Strengthen your professional profile with experience certificates, and build a portfolio of work that will make your personal statement, CV, and application stand out.

Follow links to access the latest placements:

Journalism VWEX

TV and Film VWEX

Technology VWEX

Psychology VWEX

Marketing VWEX

Graphic Design VWEX

Finance and Accountancy VWEX

Engineering VWEX



The Only LIVE NHS Healthcare Careers Virtual Work Experience in the UK run by

Healthcare Professionals!

Let us help you to take your first steps into the world of healthcare careers. It is live, giving you the chance to interact will healthcare professionals, but from the comfort and safety of your own home.

Join thousands of other students who are exploring healthcare careers with the help of our LIVE simulated high fidelity work experience programme!

The NHS Allied Healthcare Virtual Work Experience successfully invited 12,000 students to participate in its programme last academic year, making it the largest programme for students who are considering the following careers:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

Click here for information and to apply



Other Opportunities



UCL Outreach Summer Schools 2023 for Years 9 to 12

Applications Now Open

Are you in Year 9-12? Interested in residential and non-residential opportunities to explore STEM subjects? Want to discover what it's like to study at Imperial and or be a student in London? Ready to take part in lectures and activities alongside Imperial lecturers and current students?

Visit our website to apply and learn more about our Summer School Programmes:

Year 9 Girls Engineering Summer School: 7th-11th August 2023

Year 10 Insights into Science and Engineering Summer School: 2nd-5th August 2023 (Residential)

Year 11 Online STEM Challenge: 27th-30th June 2023

Year 12 Sutton Trust Summer School Week 1: 17th-21st July 2023 (Residential)

Year 12 Sutton Trust Summer School Week 2: 24th-28th July 2023 (Residential)

Year 12 Work Experience Programme: 3rd-7th July 2023

Summer School applications will close on 9th March 2023



NHS Health and Social Care Careers 2023

Thursday 2nd March 2023

Aimed at students from Year 10 and above, this fair is a fantastic opportunity for students to learn more about the 350+ careers available within the NHS.

Held on campus, the fair will showcase a range of healthcare careers and educational pathways on offer.

Students will be able to:

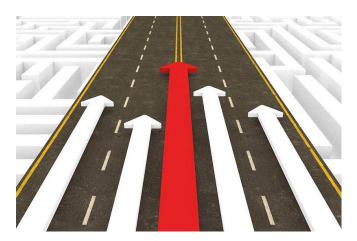
- Chat with healthcare professionals + receive personalised advice
- Learn about the NHS and social care in live seminars and group presentations
- Ask questions about the routes into the sector during talks with healthcare workers

For more information, check out our webpage.

Students, click here to book



Department Careers Activities



Maths Department

Virtual work experience by St Anne's Maths students:

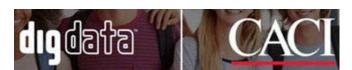


Pupils across Key Stages 3 -5 took part in a certified Digital Virtual work experience programme during November and December 2021.

The Digdata programme was created to inspire young minds across the country. Digdata works with leading organisations across the UK to deliver live online challenges using mathematical data to solve real life business problems.

Pupils had to understand and demonstrate important key skills such as creativity, problem solving, communication and curiosity and learn about the breadth of career opportunities related to Maths.

Of the pupils registered, 42 gained certification for their determination and resilience in completing the challenges on the programme.



Art Department



Art Department Visit to FORMA Fair 2022 at the Royal Institute of British Architects

In October, Year 13 Art students were given the opportunity to attend FORMA, an international art fair for Art & Design students. The fair features leading art schools from the UK and the USA, designed to help and encourage students to pursue the arts in high education as well as decide where exactly they'd like to study.

"FORMA aims to transform how art and design students plan their education and early careers, helping them to think globally about where to study and where to base themselves after they finish studying."

Hosted at the Royal Institute of British Architects (RIBA) during Frieze Art Fair, students were immersed in contemporary Art in London. The fair was combined with visits to about a dozen commercial galleries in the area, supported by St Anne's Art Technician Stephanie, the students were able to support their studies with relevant contextual research while attending a fair that encouraged them to achieve their creative ambitions.

Students had the ability to not only listen to university lecturers speak on the application process, detailing what it is they're looking for at interviews and in portfolios, but the opportunity to speak to specific university representatives and ask tailored questions. Easing these worries on the higher education selection process meant students had more confidence to ask those important questions about what it is they want to study and where.

The fair closed with a large panel discussion, where creative professionals discussed how they made the transition from art student to working professional – inspiring young students as well as reinforcing the importance of the arts in the world today.

Department Careers Activities



Investment at St Anne's

We at St Anne's have entered two teams representing our Year 11 and Sixth Form students into a nationwide competition hosted by GAIN.

GAIN, which stands for Girls Are INvesters, is an initiative designed to get women into the banking and the investment world.

It is a six-week competition which seeks to give young women in Years 10 to 13 an insight into what investment management looks like and how to analyse a company. Each team will be assigned a company (the stock) to research and then assess whether to buy, hold, or sell the stock as an investment opportunity. Teams will research all aspects of their company to make the investment case. Along the journey of this competition the girls will be supported and coached online by current investment professional from GAIN and supported and aided by Mr Davies-Alexis and Ms Geraci.

At the end of the six weeks, the girls will have to present a two-page financial dossier on what they have discovered and produce a persuasive three-minutelong video presentation showcasing their findings.

In this competition the girls will be competing with many other student girls across the country.

This competition doesn't go without reward. The winning team will win their school £1000. Each member of the team (up to five) will get £200 in vouchers and the girls will get the opportunity to go to central London to spend the day at the headquarters of GAIN and unite with its professionals.

Below you will also find the link to this competition, too.

www.gainuk.org/investmentchallenge

MFL Department



Capital L Ambassador Visits

We have applied to Capital L for an ambassador to come into school later on in the Spring term to talk about Languages at University to Year 9 and Year 10.

Why Study Languages? presentation - available for all Year groups from Year 7 to Year 11. This talk focuses on the social, professional and cognitive benefits of studying languages at GCSE, A Level, and University. Ambassadors, reflecting on their own experiences, demonstrate the various options available for studying languages, share their experiences of studying abroad and highlight potential careers for language graduates. The talk is interactive and aims to broaden students' view of languages, by highlighting the importance of languages in a multilingual and multicultural world.

Careers in the Curriculum: Languages

As part of the Year 9 curriculum, we talk about careers that we would like to do and what we would like to do in a job. We also discuss the importance of foreign languages in different jobs and future aspirations. We understand why employers value foreign languages and how language learning and the skills that you develop while learning a language open up opportunities in the world of work and future life choices.

In Year 11 this is explored further under the topic of future aspirations. Students also learn to talk about part time jobs, voluntary work and work experience and what experience and skills they gain or will gain.

Sixth Form News

UCAS Applications

Our Year 13 students have sent off 79 applications for this year's cycle, to universities including:

- The University of Cambridge
- Kings College London
- University College London
- Birmingham City University
- University of Edinburgh.

Offers are already rolling in, and with even more students applying to apprenticeships, international universities and work placements, we're very excited for what lies ahead.

Sixth Form Applications

Our Sixth Form applications have now closed, and interview season is approaching. We wish you all the best of luck with all your sixth form and college applications, and are looking forward to hearing from many of you in your interviews in the coming weeks!

Masterclass Programme

Our Masterclass Programme gives Sixth Form Students the opportunity to hear from external speakers on topical issues, exciting opportunities, and possible future pathways. Some of our speakers this term have included:

- Dr. Charles Landau on Anti-Semitism Awareness
- Natasha Macleod on Defibrillator Training
- Haille McFarlane on Her Experiences in Medicine
- Rhian Keady on Apprenticeships and Working in Construction

A huge thank you to all of our wonderful speakers, to our masterclass co-ordinator Miss Yiannakas and to our Sixth Formers who engage so enthusiastically with the programme.

Medicine and Dentistry Lecture Series with King's College London

This programme is for Sixth Form students across the UK in Year 11, 12, and 13 who have only attended non-selective state schools since age 11 and are interested in becoming a doctor or dentist.

Over the course of the **I4 lecture programme** students will hear from a variety of speakers to help them make the best application to medicine or dentistry possible! Last year's lectures included the following:

- Medical and dental specialities: cardiology, prosthodontics, renal transplant, and many more!
- Q&As each week with current medical and dental students as well as a lecture dedicated to the student experience.
- A session on other careers in healthcare with six professionals currently working and teaching in the sector (nursing, dietetics, clinical science, etc.)
- September Q&A with key admissions colleagues in the schools of medicine and dentistry at KCL and UCL.
- Talks on the application process: the UCAT, personal statements, and interviews.

Lectures will be held on Tuesday evenings at 6.00-7.15pm and will run in blocks of three throughout 2023, starting in January and ending in September. For more information and to apply, students should follow this link.

Please see the application form for the latest application deadline.

If you would like to find out more about the programme, then...

Please watch our introductory video here

Questions and Answers

Teacher Interview: Ms Vowles - SENDCo

Q: What was your inspiration for the book?
 A: A combination of my experiences working in education for over fifteen years, living in Brazil and Venezuela and having my own child, have led me to want to write a series of children's stories about social injustice.

Q: What lessons do you wish for children to learn from these books?

A: I rewrite traditional fables and fairytales to address 'sore subjects' and get children thinking about what they need to do to make things Just Right. The books include themes such as racial inequality, cultural appropriation, equal pay and sexual discrimination. I want parents to feel empowered to tackle these issues with their children in a way that is relevant and accessible for young kids.

Q: Why did you write the book?A: I would like my child to grow up in a world where diversity and equality are a reality as opposed to an ideal.

Q: Why did you use existing fairytales?
 A: Children feel safe reading stories that they are familiar with. It is also fun to look at existing stories from a different angle.
 Goldilocks always struck me as a 'Karen' but when you are little that aspect of the story doesn't stand out to you. Goldi breaks into a family home, steals their food and breaks their things but somehow we still end up liking Goldilocks.

Q: What made you want to become a writer?A: I have always written diaries, blogs, books, and screenplays. I gain clarity from rereading



events in my life and challenges I have faced. I manage to tap into comedy in dark situations when I am writing, which can help me to look for the sunshine in the rain.

What route did you take to writing? Q: A: I have no formal education in writing as such. After studying for my Bachelor of Science in Psychology at The University of Sussex I embarked on an international volunteering programme in Brazil. Caring for abandoned street children in Rio de Janeiro ignited my passion for motivating underprivileged kids. On returning to the UK I gained Qualified Teacher Status at Middlesex University and went on to teach science in London, Brazil and Venezuela. I have worked in the Education sector for over fifteen years, have a Master's degree in Education, and Post Graduate Certification in Special Educational Needs.

Questions and Answers

- Q: Do you enjoy your current career?
- A: Teaching has been a gift. Working with young people has brought me immeasurable joy. I have always felt safe in the knowledge that I am making a genuine difference in the world by encouraging and nurturing young minds and having some impact on their beautiful journeys through life. I have friends from university who earn serious sums of money, but they have feeling of discontentment, and lack of motivation. I may not be a millionaire, but I do something which really means something in life. Sometimes I pinch myself that I get to work with inspiring young women every day.
- Q: What is the worst part of your job.
- A: The worst part of my job is the inflexibility of teaching. Since Covid it seems that the majority of my friends have flexible hours, or work from home half the week and travel when they want to. With teaching if you are not in school for the children, the whole system crumbles.
- Q: If you had another job what would it be and why?
- A: My dream is to write a BAFTA-winning TV series for UK television. You never know... watch this space.



Amazon Link: Goldi and Her Locks by Claudia Vowles

Interview conducted by Careers Ambassadors Chelsea-Lea Keating and Paula Owoaje 11T

Student Interview: Grace Zelechowski 10K



- Q: What subjects did you choose for your GCSEs?
- A: Geography, Mandarin, Graphics and Drama.
- Q: What is your favourite subject and why?
- A: Graphics, because I enjoy learning and using new skills and techniques to change and make up new pieces of art.
- Q: What do you want to do when you're older?
- A: Honestly, I'm not sure what I want to do, but I do want to do something I'm passionate about when I grow up.
- Q: What are your hobbies and/or coping mechanisms when you're stressed?
- A: I usually take a break from whatever I'm doing and go and do something I enjoy, whether that's doing another more interesting piece of work, just relaxing or watching some TV.
- Q: As you went to an American school before coming to St. Anne's, how do their schools vary from British schools?
- A: I've realised in British schools they teach things at a more advanced level than in American schools, especially subjects like English, Maths and Science.

Interview conducted by Careers Ambassadors Sophia-Louise Azacon and Amelia Malalvan 10J

Careers Advice & Guidance



Parents/Carers Feedback

Gaining feedback from our parents/carers and students is an important part of our planning for future careers provision for our students. During next term, I will be asking parents and our students for feedback on what carers related provision they would like more of/ introduced as part of our whole school careers provision. This will then be used to help evaluate and plan future careers provision.

Other News

Year 11 continue to have one-to-one careers guidance meetings.

Year 9 are having small group session with Mrs Lee. The aim of these sessions, are to give them information to help prepare them for making their Pathways/Option choices. They are also given a tour of the Unifrog platform, which is a valuable careers resource that all of our students have access to, and we encourage all students to use.

It is also an opportunity for them to ask any questions about their Pathway/Option choices that will help support them in making the choices that are right for them.

Students are given a pamphlet with information and tips on making their choices as well as a reminder to activate their Unifrog accounts if they haven't done so already.

Careers Ambassadors KS4

We now have a team of KS4 careers ambassadors that will be the student voice for careers provision at St Anne's.

- Some of the areas that they will be supporting in are:
- Department Careers Boards
- Gaining students feedback on careers provision
- Supporting careers provision for registration
- Contributing to the Parent / Carers Careers Newsletter.



The Quality in Careers Standard is the national quality award for careers education, information, advice and guidance (CEIAG) in secondary schools, colleges and work-based learning.

This link takes to the section "What is the Quality in Careers Standard?"

The Standard is accessible in England, Northern Ireland, the Isle of Man and the Channel Islands and is fully aligned with the Gatsby Benchmarks for "Good Career Guidance".

We continue to work towards this accreditation and had our first assessment visit for 'Making Good Progress' in December. The assessor spent several hours at the upper site speaking to the Head teacher, myself as Careers Lead and with members of staff from different departments.

The standard necessary to meet the criteria is extremely high and the school has had to produce a huge amount of evidence to meet these requirements.

We were very pleased to receive confirmation that we have passed the 'Making Good Progress' assessment and are now continuing to progress towards the final accreditation.



Unifrog



Please encourage your daughter to activate their Unifrog accounts (if they haven't already done so) All students have their own accounts and would have been sent a welcome email from Unifrog prompting them to create a password for their account. Once this is done, they then have access to the platform and all the tools that are available for them to engage with.

Unifrog brings together every step of the process, from students exploring their interests, to recording their skills, to finding and comparing apprenticeship and university courses, to submitting applications. It helps young people find and apply for the best opportunities for them after school.

Unifrog Parents and Carers information letter Parents and Carers can request to sign up for their own accounts. Please follow the link below which gives information on how to do this.

Unifrog Information Letter

Breaking news! Our Next Steps Fair headline speaker is Sophie Pender!

Founder of **The 93% Club** – a UK based non-profit supporting university students who attended state schools in finding employment – Sophie is also on the Forbes 30 under 30 list, and was the first in her family to attend university. Students won't want to miss this!

Year 10-13 students, take a look here!

An online conference for Year 12 students on Saturday 18th February 2023 at 1.00-4.00pm

This conference from the **University of Exeter,** 'Your Journey to Higher Education', will help your Year 12 students get a feel for applying for and studying at university. They'll learn how to choose a course, how to navigate the UCAS application process, and what student life is like.

They'll also get the chance to ask the university's staff and students their questions directly.

Take a look!

Unifrog Next Steps Student Fair For Students Wednesday 8th March 2023 at 4.30pm

The annual Fair is a unique opportunity to compare all the different post-school pathways side by side so you can make the best decision for you.

You'll have the chance to learn about leading employers, universities, and apprenticeship providers in live sessions and drop by their virtual booths to chat with them directly! Perfect for students in Years 10 to 13.

Sign up!

