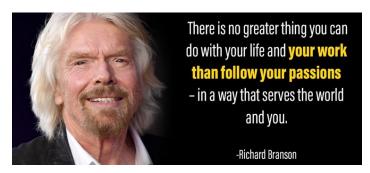


St. Anne's Catholic High School for Girls

Careers Newsletter

March 2023



Dear Parents, Carers and Students,

Welcome to the March edition of the St Anne's Careers Newsletter.

Updates and News

The focus for this issue is Labour Market Information (LMI). LMI is becoming an increasingly valuable tool and helps to enhance young people's futures while driving economic growth. If students understand which jobs are widely available and most in demand then they can lay the foundations for their future career based on a fundamental reality.

Provider Access Legislation

As part of the new Provider Access Legislation (PAL) and our commitment to meeting the new requirements, we are putting in place plans to invite in a range of vocational and technical providers to give talks to our students. The following talks have already taken place in February:

- Year II ADA Digital college
- Year 9 Capital City Group College

ASK Apprenticeship Programme

Year 10 and year 12 will have an assembly talk (this term) from ASK Apprenticeship Programe. The Apprenticeship Support & Knowledge for schools and colleges programme (ASK programme) is funded by the Department for Education and aims to support schools and colleges in England to increase awareness of apprenticeships, traineeships and T Levels amongst students, parents, carers, teachers and careers advisers.

Employer Talks

We are inviting in employers from a range of different employment sectors to give assembly careers insight talks to all year groups. If any parents would be interested in giving a careers insight talk, please email Mrs Lee: leej@st-annes.enfield.sch.uk

Updated Careers Info on the School Website

The careers area on the school website has been updated with more information and resources, including a Post 16 Powerpoint. This gives information on student destinations, options and making choices, resources for students and further information for parents, including an details of how to help prepare your child for a careers guidance interview. We've also included a labour market information tab for both students and parents to access. I will be putting out a parent/carer feedback form about these updates after the Easter holidays. This will also give you the opportunity to request any resources that you feel would be a valuable addition to the careers area.

Year 10 Work Shadow Day

Year 10 will be taking part in a Work Shadow Day on Thursday 29th June. Work Shadowing is an opportunity for students to go to work with a parent or nominated guardian for the day and get a real life insight into the world of work. Students will observe people carrying out different operational duties and gain a better understanding of the diversity of working environments. The aim is to develop insight into particular job roles or occupational areas of interest and to raise awareness of the variety of different opportunities they can aspire to.

A letter and parent forms will be sent out to you after the Easter break. Please fill these in and ask your daughter to return them to Mrs Lee. If you cannot find a placement for your daughter, we will try to find virtual work experience, to do online at home on the day. Otherwise, work experience tasks will be set on Unifrog for students to complete at home. School will not be open on this day, due to it being Sports Day for Key Stage 3.

I hope you enjoy this issue and please do get in touch with any feedback or requests that you may have.

All the best.

Mrs Lee Careers Lead

Email: leej@st-annes.enfield.sch.uk

Check this out:
What is a Careers Guidance Interview?

Current Opportunities

Virtual Work Experience Opportunities



Speakers for schools are a youth charity that believes every young person should have the opportunity to succeed and reach their potential.

www.speakersforschools.org/parent-guardian

Discover resources to help your child reach their career potential, including Broadcasts, Virtual Work Experience and the Inspirational talks library.

Access the latest broadcasts here



Virtual Work Experience Placement in Tech and other industries

Kingston University Summer School Information and resources



Click here to read more and apply!

Deloitte Apprenticeships

Apprenticeship opportunities at Specsavers Click here to read more and apply!

Nationwide have now opened their apprenticeship applications for their finance and mortgage 2023 apprenticeship cohort.

Click here to read more and apply!

Harrods have launched their new careers website. You can read about their employment opportunities, why you might want to work for one of the biggest luxury stores in the UK and apply to their roles.

Click here to apply!

The UCL Summer Schools are a fully immersive experience. You'll live as a student, staying in accommodation overnight, and meet other students from across the UK. During the week you'll attend lectures, seminars, lab work



and trips across London to get a taste of what it's like to study at UCL. But it's not all academic work! They have an exciting programme of social activities planned including tours, the chance to explore London and Wellness Wednesdays.

You can read more and apply here!

Click here for UCL Upcoming Events

Interested in a career in STEM areas? Want to gain work experience with global companies? We have the perfect opportunity for you!

On Wednesday 12th April from 9.00am-3.00pm, we are hosting a virtual work experience day with Spectris, Malvern Panalytical, HBK and Servomex! Spectris are a FTSE company and own all the other science and engineering-based companies mentioned above. Collectively they operate in over 30 countries, employ over 7,500 people globally, and have generated over a billion pounds in revenue as of 2022! The companies Spectris owns specialise in specific areas of science and engineering and during this work experience day you will get the opportunity to take part in workshops and network with each of their companies.

Participating in an event such as this will not only allow you to learn more about industry, but it will also give you a unique opportunity to gain valuable experience that will be beneficial for adding value to your CV and LinkedIn profile. This will show employers (including Spectris) that you are proactive and looking to develop your skillset before entering the workplace, which can help you to be recognised as an ambitious and motivated individual as well as allowing you to stand out from other students.

Please sign up for this incredible opportunity, by using the link below.

www.surveymonkey.com/r/6L87ZZK

Department Careers Activities

Sociology



I regularly take my Sociology students to the cinema. We book the Art House cinema out just for us. I think this is very beneficial for students due to:

- Immersing ourselves and concentrating on a topic without interruption for an hour or two.
- A group communal activity learning to work as a 'sociology community'.
- Useful to 'behave' outside of school as a group.

Career Links

- I have also taken students to talks before.
- I believe that sociology is a good subject to broaden students' knowledge of the world and to study very different settings, which help to make them flexible and adaptable, all good skills for the future, especially in careers like journalism and law.

Ms Ferros, Teacher of Sociology





Clinical scientists research and develop techniques and equipment to help prevent, diagnose and treat illness.

The annual salary is £33,706 to £65,262 and expect to work 38 to 40 hours a week. There will be 3.3% more Clinical scientist jobs in 2027.

Click here to read more

Maths

A group of Year 10 students have applied for a STEM Summer School at Imperial College London. This is a very competitive summer school to get on to, and we have our fingers crossed that our students get the opportunity to attend.

Click here for Further Information

Politics



Sixth Form Politics students have been on trips to learn and engage more with politics in the UK over the past year. In the summer, they visited the Houses of Parliament and were given a tour of both the House of Commons and the House of Lords, and gained a better understanding of the daily workings of the British government. They also went on a trip to a university, the London School of Economics (LSE), where they attended a panel discussion including academics and MPs on climate change that included a speech from politician Ed Miliband.



Department Careers Activities

Science



A group of our Year 11 students recently attend GCSE Science Live. The event brings together renowned scientists and science communicators to inspire GCSE science students to pursue a career in science.

Some of the speakers who participated include Professor Jim Al-Khalili, who spoke about quantum physics, Dr. Maggie Aderin-Pocock, who discussed space science, and Professor Robert Winston, who talked about medical research.

By hearing from experts in various fields, students were exposed to the diverse and exciting opportunities available in science, which will hopefully inspire them to pursue further studies and ultimately, careers in science. This is particularly important as there is a growing demand for skilled professionals in science-related industries, and events like GCSE Science Live can help to cultivate the next generation of scientists and innovators.

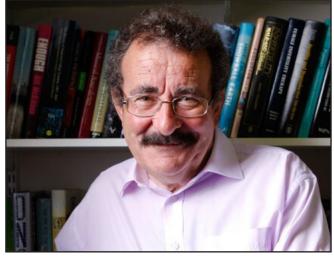




Professor Jim Al-Khalili



Dr. Maggie Aderin-Pocock



Professor Robert Winston

Department Careers Activities

CPSHE



This term, students have had careers related sessions, preparing themselves for the future, and learning skills and characteristics to help them.

Year 7 - Student Skills

 Learning how to organise themselves and manage workload.

Year 8 - Economics

Learning how to manage and budget money.

Year 9 - Employability

- Thinking to the future, what career options there are, how to prepare for these.
- Future planning/target setting Following the prior lesson on employability. Setting short and long term goals.

Year 10 - Being an Entrepreneur

- Learning what it takes to own and run a business.
 The skills and qualities needed.
- Community Contribution The importance and meaning of community, how we can strengthen community. Volunteering.

Year II - Being your Best Self

 Understanding that there will be increased opportunities to show your best self. How to do this in an effective way. Employability – Making ourselves employable. How can we ensure that we make ourselves the most employable we can.

Year 12 - Managing Debt

- Re-introducing debt, what it means and the consequences of being in debt.
- Voicing my opinion Knowing how to share and voice opinions in an effective way which is respectful to all whilst maintaining an open mind.

Year 13 - University Life

- How to choose a University, managing living with strangers. Pros and cons.
- Money Management- Managing Money sensibly and effectively. Understanding cards, debts and disposable income as well as the importance of saving.
- Living on a Budget Learning how to live on a budget especially when moving out for the first time. Managing money in a sensible and effective way
- University life Learning about what University can offer and also the issues that may be faced such as living with strangers.

Sixth Form News

Masterclass Programme

Our Masterclass Programme gives Sixth Form students the opportunity to hear from external speakers on special issues, exciting opportunities, and possible future pathways. Some of our speakers this term have included:

- Alan Mackay on Working as a Research Scientist
- Tyla Payne on Working as a Social Worker
- ASK Apprenticeships on Applying for Apprenticeships

A huge thank you to all of our wonderful speakers, to our Masterclass Co-ordinator Miss Yiannakas and to our Sixth Formers who engage so enthusiastically with the programme.

Questions and Answers

Teacher Interview: Ms Hartigan (TEACHER of RE)

Q: What do you enjoy about teaching?
 A: We are all unique and I have the privilege of interacting with so many unique and very special people every day in the whole school community. Teaching Religious Education means that I can be asked so many interesting questions and I enjoy the challenge this presents. Every day is different. Seeing students studying hard for exams and then achieving the results they deserve as well as their growth into strong young women is extremely rewarding.

Q: What is your least favourite part about teaching?

A: It is difficult when I see a student disappointed with her test result – it shows how much they care but I never like being the bearer of this type of news. Although most students do learn from mistakes, it is never easy to witness the anguish that tests can cause.

Q: Why did you decide to teach Religious Studies?

A: I have taught all of the Humanities subjects in my teaching career and I wanted to focus on Religious Education as it is a wonderful subject for discussing the really big questions in life – why are we here? Where are we going? Does God exist?

Q: How long have you been teaching?

A: Thirty-three years.

Q: We have heard that you have done a lot of volunteering. Can you tell us about the volunteering you do?

A: I worked at our local church Food Bank during the pandemic. This involved making



up parcels of food and toiletries etc to people who were struggling. It meant delivering the parcels to people in their homes and being at the distribution centre on Saturdays.

I also support assisted pilgrims on the Westminster Diocesan pilgrimage to Lourdes at the end of July. I am assigned to a pilgrim who needs maximum personal assistance while they stay in the special hospital – the St. Frai in Lourdes. The days are extremely long – sometimes 15 hours on duty!

I am now volunteering with the PACT charity (Prisoners Advice and Care Trust). This involves working with families when they visit a prisoner. It can be very daunting for family members as they prepare for a visit and PACT volunteers are in the Family Liaison Centres in prisons to support them through the processes they

Questions and Answers

must go through (being searched, giving up their phones etc). We are also there to meet them after their visit – which sometimes may not have gone well.

- Q: How did you get into volunteering?
- A: Most of the volunteering I have found out about through my parish newsletter.
- Q: Would you recommend volunteering to others?
- A: Absolutely. Apart from the knowledge that your contribution will make a difference to someone's life it is a great way to meet new people. For young people it can be really valuable work experience. Many of the Sixth Formers and university students who volunteer in Lourdes are interested in the social care and medical professions and the experience gained in Lourdes is really valuable.

Overall, volunteering is hugely rewarding. You can learn a lot from working with people who you may not normally meet.

- Q: If any students would like to take up a volunteering opportunity, where would they start?
- A: Think about who you might like to help. I would strongly advise that you do volunteering through a charity organisation as they will provide training and also carry out the safeguarding procedures which are there to protect everyone, including the volunteers. So a good starting point is to read the information on the charity's website.

I'm happy to answer any questions that you may have, so do get in touch if you want!

Interviews conducted by Paula Owoaje 11T, Careers Ambassador

Student Interview: Ruth Landu Mobenge 11B



- Q: What GCSEs are you studying for?
- A: History, ICT and French.
- Q: Why did you join the UK Youth Parliament and the Enfield Youth Council?
- A: I'd like to study politics and international law, and it felt like a good opportunity to work in the field.
- Q: What is your role in the UKYP and EYC?A: The UKYP have yet to assign roles, but I am on the Generational Economics and Development scrutiny panel at the EYC.
- Q: What obstacles did you have to overcome?
 A: I had to learn to be more confident and to step out of my comfort zone by putting out posters, doing an assembly, etc.
- Q: How will this role help you later in life?
 A: It will help strengthen my CV, Sixth Form and university applications, and is great experience, preparing me for the future.
- Q: Finally, what are the plans for the future in the UKYP/EYC and for yourself?
- A: I plan to go University to study politics and become a corporate lawyer. In the EYC, my plan is to give others who do not have the opportunity to carry out work experience, more availability and a more diverse range of work experience, i.e. in baking and non-STEM subjects.

Labour Market Information (LMI)

Focus on Labour Market Information



AS A PARENT OR CARER, YOU WILL HAVE THE GREATEST INFLUENCE ON YOUR CHILD'S FUTURE CAREER PLANS.

Encouraging your child to explore a broad range of jobs will enable them to make informed decisions about their future. However, young people today face a much more complex and competitive job market than ever before and one full of jobs they've possibly never heard of, too.

There's more than one pathway into most jobs. The path that someone might take into a job is a lot more flexible than a decade or two ago. Apprenticeships make a very good alternative route to higher level qualifications and there are other work-related training options into some careers for those preferring a vocational route over an academic one.

It's also easier to switch between different types of qualifications. Creative and digital, information and communication technology, hi-tech engineering and cyber-security are all examples of sectors where this applies.

Meaningful, relevant work experience is very important in helping young people get a feel of the world of work and what career they may want to pursue.

Using Labour Market Information is just one way in which you can help your child make these important decisions.

What is Labour Market Information?

Labour market information tells you what the workplace looks like. LMI is data taken from publicly available sources, which gives information on jobs and industries. This helps us understand the structural trends and demands of an economy. Labour market information describes the condition of the labour market currently and makes future predictions. It informs us where work opportunities are increasing or decreasing, what occupations exist, what you need to study to get into that occupation, what is required to take up an occupation, how you can find a job, change job or progress in a career. Labour markets operate at local, regional, national and now at international levels.

Labour Market Information can be overwhelming and confusing. Learning what it is and how to use it can assist you in helping your child research careers and find out where those careers exist.

LMI means finding out the following things about different job roles or career pathways:

- What do people actually do in this job / industry?
- How many people work in this job / industry?
- How much do people get paid in this job / industry?
- What qualifications do I need to do this job?
- What skills or qualities do I need to do this job?
- What are the typical working hours for this job?
- What percentage of men / women work in this job / industry?
- Where can this job / industry take me in the future?
- Where are these jobs located around the country?
- How many of these jobs will there be in the future?

More information can be found on the Unifrog platform, which has Labour Market Information (LMI) attached to every career profile your daughter may look at.

You can also find further information on Labour Market Information on the school website.

Unifrog



Unifrog for Parents and Carers

Please encourage your daughter to use her Unfrog account, there are some really great resources and tools that will help with her future choices.

Unifrog brings together every step of the process, from students exploring their interests, to recording their skills, to finding and comparing apprenticeship and university courses, to submitting applications. It helps young people find and apply for the best opportunities for them after school.

Unifrog Welcomes Parents and Carers!

Parents and carers can also sign up to the Unifrog platform to access all the great information that students can access.



Please click here to view the Unifrog Parents Powerpoint and sign up QR code

Unifrog for Students

The majority of students have activated their Unifrog accounts, apart from Year 7, who will be launched after the Easter holidays.

For those students who haven't activated their accounts, please watch the following Unifrog launch videos for your Key Stage:

KS3 Launch

KS4 Launch

KS5 Launch



Start in Enfield Website

This platform brings together the best information and inspiration about careers and study in the local area and beyond.

locallondon.startprofile.com/page/enfield

