Careers Programme Year 10 - Focus: Choices, Options and Future Planning

The following activities will aim to incorporate the six career development learning aims of the CDI Career Development Framework, along with meeting the requirements of the eight Gatsby benchmarks.

Some of the learning aims have been identified in the learning aims column. However, many of the activities will cover many points of each learning aim. See the framework below for further information.

An outline of the CDI framework skills by key stage can be found here: https://www.thecdi.net/write/CDI_98-Framework-skills_by_key_stage-A3_portrait-web.pdf

Activity – Gatsby Benchmarks input

Careers and information platforms Careerpilot

& Springpod: Students are encouraged to register for their own accounts. They can explore career pathways and labour market information, subject choices for applications to sixth form and college, research university and apprenticeship options and develop skills and competencies for future employment. Students can use Springpod to complete virtual work experience. Learning from career and labour market information and give them experiences of the world of work.

Learning Outcomes

- To be able to explore possibilities – being aware of a range of possible jobs
- Imagine a range of possibilities for themselves in their career.
- reflecting on and recording achievements, experiences and learning.
- Recognising the main learning pathways and qualification requirements for jobs and careers
- understanding of the myths and stereotypes around certain careers.
- Recognising the value of challenging yourself and trying new things. Consider how roles interact and link to the community, politics, economy or environment.

Jack Petchey public speaking workshop

This training empowers teenagers from all backgrounds to become strong communicators, raising confidence, improving employability and providing opportunities to connect with one another and the world.

Employer and Alumni assembly talk - Career insight talks from a range of employers from different job sectors.

- Understand that they can learn and develop from setbacks and challenges.
- Positively engage with help, support and feedback
- Understand the importance of good communication stills.
- Building your confidence and optimism about the future
- Recognising the different ways in which people talk about careers and reflect on what this means to you.
- Consider what jobs and roles are interesting to you.
- Actively seeking out information on the labour market
- Actively researching and reflecting on workplaces, workplace culture and expectations

Work Experience

In person work experience placements
Meaningful work experience is a placement
that offers a chance to explore a career path,
develop relevant skills, and gain insight into a
specific industry through active participation

Develop practical skills like communication and teamwork, gaining career insights to make informed decisions, and building confidence and maturity. These experiences also enhance their resumes, help them build professional networks, and allow them to apply classroom knowledge to real-world situations, increasing motivation for future learning.

Career Education Lessons – Timetabled career education lessons. Themes for every year group linked to exploration or decisions they should be considering in that year group.

Students are supported in developing their careers skills for life, learning and work. Prepares them for the next career decisions they will have to make

Young enterprise, employability skills masterclass - The Employability Masterclass provides an opportunity for students to learn about the skills and qualities that are required to be successful in the workplace, and how to ensure that they present the very best version of themselves throughout the application process. A range of employers attend the sessions and share their experiences.

 Understanding of what employability skills are and how to use them.

- Researching how recruitment and selection processes work and what to do to succeed in them
- Evaluate different media, information sources and viewpoints.

Annual Careers Fair - Students have the opportunity to meet a range of different Universities, Further Education and Apprenticeship providers.

- consider what learning pathway they should pursue next and what they need to do to get there.
- Researching the learning and qualification requirements for jobs and careers you are interested in.
- Positively engage in learning and taking action to achieve good outcomes

Financial Education Money Workshops -

Workshops are delivered face-to-face by expert facilitators who are all trained to deliver in schools, colleges. All our Workshops are tailored to the curriculum and include a range of activities which are interactive and engaging, designed to fit life stage rather than ability.

- Being aware of money and that individuals and families have to actively manage their finances.
- Recognising the role that money and finances will play in the decisions that they make and, in their life and career.

Form Time Careers Learning

Examples of activities include: National Apprenticeship week activity, Career of the Week videos

To develop students' knowledge understanding and skills in a variety of different topics related to careers and the world of work and further study.

One to one career guidance interview with the school careers adviser

- Responding positively to help, support and feedback
- Reflecting on and recording achievements, experiences and learning
- Building your confidence and optimism about the future
- Thinking about how you deal with and learn from challenges and setbacks.
- Being able to reflect and change your career ideas and the strategies that you are pursuing to achieve them.

Subject Departmental careers in the curriculum learning

Subject departments incorporate careers related learning into the curriculum in a variety of ways, including Trips, speakers, lesson plans and extra-curricular activities.

- Take steps to achieve in their GCSEs and make decisions about post 16 pathways.
- Researching the learning and qualification requirements for jobs and careers that they are interested in.
- Learn about different careers that relate to different subjects and to understand and

imagine a range of possibilities for. **CPSHE** sessions: Learning what it takes to own and run a business. The skills and qualities Being an entrepreneur Skills: Responsibility, Leadership, needed. Communication **Key questions**: What is an entrepreneur and what does it entail? To have greater awareness about the The law-Skills: Responsibility, Safety, Actions importance of the law. The and consequences consequences. **Key questions:** What age are you accountable for crimes? Knowing how and when to prioritise Prioritising yourself – Skills: Mental Health, yourself. Managing stress and Responsibility workload **Key question**: How can I manage my time well. To understand the importance and meaning of community, how we can Community Contribution-Skills: Volunteering, Culture strengthen community. Volunteering. Key question: Why is community important? As a country are we losing sight of community? To get a better understanding of Managing finances, understanding Money Management - Skills: Finance, Life skills debt. Key questions: How can we manage our money in an effective way?

we do not go into debt? How to present, listen and be present. Public Speaking - Skills: Confidence, **Key questions:** How can we present in Leadership, Life skills a confident way? How can we show that we are listening and engaging – why is this important? Post 16 options – Skills: Goal setting, Planning To be aware of the options available to students post 16. **Key questions:** What options are available to you post -16, which suits you best? Where do you see yourself in the future and how can we help to get you there? Current Affairs – Skills: Self-esteem, planning **To gain** focus on a select amount of current affairs, considering and voicing opinions in a respectful way. **Key questions**: How can we be critical about current affairs? How can we appropriately share our opinion on this? **Year Reflection – Skills:** Goal setting, Health To be able to reflect on the and Wellbeing academic year in a constructive year whilst setting personal and academic goals for the following year. **Key questions:** What are our achievements this year? How should we set goals to ensure they are achievable? How can we improve on the year gone?

How can we budget money to ensure