

ST. ANNE'S CATHOLIC HIGH SCHOOL FOR GIRLS

Act justly, love tenderly, walk humbly with your God



September 2022

Dear Parents & Carers,

I am delighted to inform you that St Anne's Catholic High School for Girls are continuing to work with Enfield's Mental Wellbeing Team this academic year.

To support the year 7 transition each year 7 from group will take part in a session run by School Wellbeing Practitioners from My Young Mind Enfield (MYME), a dedicated team working across schools in Enfield to support wellbeing across the school community. MYME is part of a new nationwide government initiative and work within Enfield CAMHS.

The aim of the group is to provide a safe space for girls to share their experiences and support each other to cope with the transition from primary into secondary school and learn strategies to cope with any anxieties or worries.

The sessions will take place on the dates below during period 3

Friday 30 th September	7J
Friday 7 th October	7T
Friday 14 th October	7K
Friday 21 st October	7B
Friday 4 th November	7C
Friday 11 th November	7S

If you have any questions or would like to discuss further, please do not hesitate to get in touch.

Yours sincerely

Ms D Lawrence

Year 7 Achievement Leader & Transition Lead
0208 102 2766

Headteacher: Mrs E. Loveland BA (Hons); NPQH

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