



Curriculum Map

Subject: Physical Education

Year Group: 7

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Content	Fitness 1 OAA Invasion Games Tennis	Inclusion Dance/ Gymnastics	Table Tennis Fitness 2	Invasion Games Dance/ Gymnastics	Striking and Fielding Athletics	Striking and Fielding Tennis Athletics Diversity
Skills	Health & Wellbeing Communication Teamwork Goal Setting Safety Fundamental skills Decision making Problem solving	Health & Wellbeing Communication Teamwork Goal Setting Choreography Safety Decision making Inclusion Timing	Health & Wellbeing Communication Teamwork Goal Setting Safety	Health & Wellbeing Communication Teamwork Goal Setting Choreography Safety	Health & Wellbeing Communication Teamwork Goal Setting Measuring Timekeeping Safety	Health & Wellbeing Communication Teamwork Goal Setting Inclusion Safety
Key questions	What is pacing? Why do we pace? What do we learn from teambuilding? Why does teamwork help in invasion games? How can we improve gameplay in our team?	What is health? What is fitness? How can we improve our health through exercise? What do we mean by inclusion in sport?	To what extent have you met your fitness goals?	What makes a successful performance?	How can we use tactics to outwit opponents?	What are your strengths? What do you bring to the team? What are your personal goals?

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Assessment	Plenaries, independent learning, problem solving.	Plenaries, independent learning, problem solving.	Plenaries, independent learning, problem solving.	Plenaries, independent learning, problem solving.	Plenaries, independent learning, problem solving.	Plenaries, independent learning, problem solving.
Literacy/ Numeracy/ SMSC/ Character	Scoring HR Teamwork Communication	Scoring Teamwork Communication Timing	Scoring Teamwork Communication HR	Scoring Teamwork Communication	Scoring Teamwork Communication Measuring Timekeeping	Scoring Teamwork Communication Measuring Timekeeping