



## Curriculum Map

Subject: Core PE

Year Group: 10

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Content</b>	Invasion Games Fitness For Life – carousel	Inclusion Sports Invasion Games Table Tennis	Fitness For Life – carousel Invasion Games	Tennis Fitness For Life	Athletics: Interhouse comp Striking and Fielding	Athletics Striking and Fielding
<b>Skills</b>	Health & Wellbeing Communication Teamwork Goal Setting Safety Fundamental skills Decision making Problem solving	Health & Wellbeing Communication Teamwork Goal Setting Safety Fundamental skills Decision making Problem solving	Health & Wellbeing Communication Teamwork Goal Setting Safety Fundamental skills Decision making Problem solving	Health & Wellbeing Communication Teamwork Goal Setting Safety Fundamental skills Decision making Problem solving	Health & Wellbeing Communication Teamwork Goal Setting Safety Fundamental skills Decision making Problem solving	Health & Wellbeing Communication Teamwork Goal Setting Safety Fundamental skills Decision making Problem solving
<b>Key questions</b>	How can we improve our health through exercise? What are your health / fitness goals?  How can we improve gameplay in our team?	What are the barriers to participation in Sport?	To what extent have you met your fitness goals?	How can you modify your goals?	How can your form / team collaborate to be the most effective team?	What are your strengths? What do you bring to the team? What are your personal goals?
<b>Assessment</b>	Plenaries, independent learning, problem solving.	Plenaries, independent learning, problem solving.	Plenaries, independent learning, problem solving.	Plenaries, independent learning, problem solving.	Plenaries, independent learning, problem solving.	Plenaries, independent learning, problem solving.
<b>Literacy/ Numeracy/ SMSC/ Character</b>	Scoring HR Teamwork Communication Teambuilding	Scoring Teamwork Communication Timing	Scoring Teamwork Communication HR	Scoring Teamwork Communication Body management	Scoring Teamwork Communication Measuring Timekeeping	Scoring Teamwork Communication Measuring Timekeeping Diversity