



Curriculum Map

Subject: Core PE

Year Group: 11

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1
Content	Invasion Games Fitness For Life	Inclusion sport Invasion Games	Fitness For Life – carousel Invasion Games	Tennis Fitness For Life	Athletics Striking and Fielding
Skills	Health & Wellbeing Communication Teamwork Goal Setting Safety Fundamental skills Decision making Problem solving				
Key questions	How can we improve our health through exercise? What are your health/fitness goals? How can we improve gameplay in our team?	What are the barriers to participation in Sport?	To what extent have you met your fitness goals?	How can you modify your goals?	How can you continue to be active?
Assessment	Plenaries, independent learning, problem solving.				
Literacy/ Numeracy/ SMSC/ Character	Scoring HR Teamwork Communication Teambuilding	Scoring Teamwork Communication Timing	Scoring Teamwork Communication HR	Scoring Teamwork Communication Body management	Scoring Teamwork Communication Measuring Timekeeping